

Long Term Planning

Preston Grange Primary School

2024/25



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	+	+	+	+	+	+
	+	+	+	+	+	+
Reception	EYFS - Fundamental Movement Skills	EYFS - FMS - Rumble in the jungle	EYFS - FMS - Rosies Walk	EYFS - FMS - Jack and the Beanstalk	EYFS - FMS - Seaside	+
	EYFS - Fundamental Movement Skills	EYFS - FMS - How to catch a star	EYFS - FMS - Castles	EYFS - FMS - Hungry Caterpillar	+	EYFS - FMS - Mini Beasts
Year One	KS1 - Y1 - Baseline Unit - Lost and Found	KS1 - Y1 - FMS Rolling a Ball	KS1 - Y1 - Gymnastics Activities Core Task 2	KS1 - Y1 - FMS Underarm Throw	KS1 - Y1 - FMS Catching and Bouncing a ball	KS1 - Y2 - OAA The Great Outdoors
	KS1 - Y1 Dance – Three Little Pigs	KS1 - Y1 - Gymnastics Activities Core Task 1	KS1 - Y1 - FMS Overarm Throw	KS1 - Y1 Dance – Toy Story	KS1 - Y1 Athletics	+
Year Two	KS1 - Y2 FMS Bounce Ball	KS1 - Y2 FMS Playground games in the 20th Century	KS1 - Y2 Dance - Once Upon a Giant	KS1 - Y2 - FMS End of KS1 Assessment	KS1 - Y2 - Games - Net and Wall	KS1 - Y2 Athletics
	KS1 - Y2 - Gymnastics Activities Core Task 1	KS1 - Y2 Dance - Once Upon a Giant	KS1 - Y2 - Gymnastics Activities Core Task 2	KS1 - Y2 - Gymnastics Activities Core Task 1	KS1 - Y2 Dance - Seaside	KS1 - Y2 - OAA The Great Outdoors

Year Three	Year 3/4 Dance - Myths and Legends	Year 3/4 Dance - The Great Plague	Year 3 Gymnastics Core Task 2	Year 3/4 Dance - Rock and Roll	Year 3/4 Health Related Fitness	Year 3/4 Creative Games - Tag and Target
	Year 3 Gymnastics Core Task 1	Year 3/4 - Invasion Games - 3 Touch Ball	Year 3/4 Invasion Games - Netball	Year 4 Gymnastics Core Task 1	Year 3/4 Striking and Fielding - Rounders	Year 3/4 Athletic
Year Four	Year 3/4 OAA - Team Work & Problem Solving	Year 3/4 Striking and Fielding - Cricket	Swimming - Phase 1	Year 3/4 - Net and Wall Unit Core Task 1	Year 4 Gymnastics Core Task 1	Year 3/4 Athletics
	Year 3/4 OAA - Trust and Trails	Year 3/4 Target Games - Dodgeball	+	Year 3/4 Dance - Superheros	Year 3/4 Target Games - Boccia	Year 3/4 Invasion Games - Basketball
Year Five	Year 5/6 OAA - Teamwork and Problem Solving 1	Year 5/6 Invasion Games - Hockey	Year 5/6 Invasion Games - Rugby 1	Year 5/6 Invasion Games - Rugby 2	Year 5/6 Dance - Seaside	Year 5/6 Athletics
	Year 5 Gymnastic Core Task 1	Year 5 Gymnastic Core Task 2	Year 5/6 OAA – Teamwork and Problem Solving 2	Year 5/6 Dance - Highway Man	Year 5/6 Athletics	Year 5/6 Net and Wall - Badminton
Year Six	Year 5/6 OAA – Teamwork and Problem Solving 2	Year 5/6 Invasion Games - Football	Year 5/6 Invasion Games - Rugby 1	Year 5/6 Dance - Highway Man	Year 6 Gymnastic Core Task 2	Year 5/6 Striking and Fielding Games - Rounders
	Year 5/6 Invasion Games - Netball	Year 6 Gymnastic Core Task 1	Dance - The Haka	Year 5/6 Orienteering	Year 5/6 Athletics	Year 5/6 Net and Wall - Tennis