Coping with change

Puberty sentence matching cards

Puberty begins with the release of...	**...hormones.**
The male hormone is called...	**...testosterone.**
The female hormone is called...	**...oestrogen.**
Boys often start puberty...	**...later than girls.**

Coping with change

Puberty sentence matching cards

The male sex cell is called...

...sperm.

Sperm are made in the...

...testicles.

The ovaries produce...

...eggs.

Girls develop breasts at puberty...

...for feeding a baby if they choose to have children later on.

Name _____ Date _____

Puberty sentence matching cards

During a period, blood comes from...	**...the lining of the uterus breaking down when an egg is not fertilised.**
The correct name for having a period is...	**...menstruation.**
Males and females will both grow...	**...pubic hair.**
When semen comes out of the penis at night...	**...it is called a 'wet dream'.**