

AUTUMN WEEKLY MEAL PLAN:
Week beginning 03/09/2025



		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FUNDAY
WEEK ONE MAIN COURSE	MAIN 1	Homemade Meat Feast Pizza, Chunky Chips & Beans	Birds Eye Omega 3 Fish Fingers, Maris Pipe Mash & Garden Peas	Traditional Roast Dinner – Sliced Bronze Turkey, Stuffing, Crispy Roast Potatoes, Yorkshire Pudding & Seasonal Vegetables	Fresh Meatballs Cooked in Tomato & Basil Sauce Served with Penne Pasta & Garlic Bread	Grange Primary Happy Meal – Chicken Nuggets, Fries & Milkshake – Ketchup or BBQ Dip
	MAIN 2 (Vegetarian)	Homemade Vegetable Supreme Pizza, Chunky Chips & Beans	Birds Eye Omega 3 Fish Fingers, Maris Pipe Mash & Garden Peas	Linda McCartney Vegan Chicken Roast, Stuffing, Crispy Roast Potatoes, Yorkshire Pudding & Seasonal Vegetables	Tuna Pasta Bake & Garlic Bread	Grange Primary Quorn Happy Meal – Quorn Dippers, Fries & Milkshake – Ketchup or BBQ Dip
WEEK TWO MAIN COURSE	MAIN 1	Tomato & Mascarpone Fusilli Pasta & Homemade Cheesy Garlic Bread	Chicken Balti, Pilau Rice, Chota Naan Bread & Vegetable Samosas	<u>Classic Bangers & Mash</u> Fresh Pork Sausage, Creamy Mash, Baby Carrots and Broccoli Florets	<u>Build Your Own Stirfry</u> Stir Fried Chicken, Oriental Vegetables, Noodles, Choice of Sauce - Chow Mein, Sweet & Sour or Sweet Chilli	Crispy Battered Fish Fillet, Chunky Chips, Tartar Sauce, Mushy or Garden Peas
	MAIN 2 (Vegetarian)	Tomato & Mascarpone Fusilli Pasta & Homemade Cheesy Garlic Bread	Butternut Squash Balti, Pilau Rice, Chota Naan & Vegetable Samosas	<u>Classic Vegetable Bangers & Mash</u> Linda McCartney Veggie Sausage, Creamy Mash, Baby Carrots and Broccoli Florets	<u>Vegan Beef & Mushroom</u> Stir Fry, Noodles, Vegetable Mini Spring Roll, Choice of Sauce – Chow Mein, Sweet & Sour or Sweet Chilli	Crispy Battered Fish Fillet, Chunky Chips, Tartar Sauce, Mushy or Garden Peas

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WEEK THREE	MAIN 1	Homemade Prosciutto & Sweetcorn Pizza, Seasoned Wedges & Beans	<u>Late Brunch</u> Fresh Pork Sausage, Hash Brown, Free Range Omelette, Mushrooms & Beans	Minced Steak Cottage Pie, Topped with Sweet Potato Maris Piper Mash, Beetroot and Fine Green Beans	Chicken Fajita Flatbread, Tzatziki Dip and Golden Vegetable Rice	Fresh British Beef Burger with Lettuce, Sliced Tomatoes, Seasoned Twisters & Beans
	MAIN 2 (Vegetarian)	Homemade Pizza Margherita, Seasoned Wedges & Beans	<u>Late Veggie Brunch</u> Quorn Sausage, Hash Brown, Free Range Omelette, Mushrooms & Beans	Veggie Mince Pie, Topped with Sweet Potato Maris Piper Mash, Beetroot and Fine Green Beans	Falafel Fajita Flatbread, Tzatziki Dip and Golden Vegetable Rose	Southern Coated Quorn Burger with Lettuce, Mayo, Seasoned Twisters & Beans
WEEK FOUR	MAIN 1	Chinese Chicken Curry, Fluffy Rice & Prawn Crackers	<u>Subway Day</u> Choice of Panni – Ham, Cheese or Tuna, Seasoned Potato Cubes, Roasted Mediterranean Vegetable	Home Made Meat & Potato Pie with Shortcrust Pastry, Fresh Red Cabbage & Garden Peas	Winter Warming Chicken Casserole with Homemade Crusty Bread	<u>Chippy Tea</u> Fresh Pork Sausage, Chunky Chips, Mushy Peas, Gravy or Chip Shop Curry Sauce
	MAIN 2 (Vegetarian)	Tofu Chinese Curry, Fluffy Rice & Prawn Crackers	<u>Subway Day</u> Choice of Panni – Cheese or Tuna, Seasoned Potato Cubes, Roasted Mediterranean Vegetable	Cheddar Cheese & Potato Pie with Shortcrust Pastry, Red Cabbage, Peas or Beans	Winter Vegetable Casserole with Homemade Crusty Bread	Vegan Sausage Roll, Chunky Chips, Beans, Gravy or Chip Shop Curry Sauce
MENU ITEMS AVAILABLE EVERY DAY	OVEN BAKED JACKET POTATO	With assorted fillings including tuna, cheese and beans Served with salad				
	COLD DESSERT	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes

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	HOT DESSERT WEEK 1	Eves Pudding & Custard	Blueberry Crumble Cake & Custard	Flapjack with Chocolate Drizzle	Caramel Toffee Sponge & Custard	Old School Sprinkle Cake
	HOT DESSERT WEEK 2	Apple & Blackberry Crumble & Custard	Lemon Sponge with Lemon Curd & Custard	Artic Roll & Fruit Cocktail	Banana & Chocolate Cake & Custard	Warm Sugared Donuts
	SALAD BAR & ASSORTED BREADS					

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