

Grange Primary School - Physical Education Whole School Curriculum 2025-2026



Reception	EYFS - Fundamental Movement Skills	EYFS - FMS - Space	EYFS - FMS - Rosies Walk	Dance - Toys	EYFS - FMS - Hungry Caterpillar	EYFS - Fundamental Movement Skills
	Dance - Nursery Rhymes	Dance - Circus	Dance - Jungle	EYFS - FMS - Transport	EYFS - FMS - Mini Beasts	EYFS - FMS - Seaside
Year One	KS1 - Y1 - FMS Baseline Unit - Supertato	KS1 - Y1 - FMS Rolling a Ball	KS1 - Y1 - FMS Underarm Throw	KS1 - Y1 - FMS Catching and Bouncing a ball	KS1 - Y1 - FMS Overarm Throw	KS1 - Y1 Athletics
	KS1 - Y1 Dance - Fire Fire	KS1 - Y1 - Gymnastics Activities Core Task 1	KS1 - Y2 Dance - Wind in the Willows	KS1 - Y1 - Gymnastics Activities Core Task 2	KS1 - FMS - Supertato	KS1 Y1 FMS - Tri Throlf
Year Two	KS1 Y1 FMS - Zog	KS1 - Y2 FMS Bounce Ball	KS1 - FMS Kicking Unit	KS1 - Y1 - FMS Underarm Throw	KS1 - Y2 Games - Piggy in the Middle (Core Task)	KS1 - Y1 Dance – Three Little Pigs
	KS1 - Y2 Dance - Explorers	KS1 - Y2 - Gymnastics Activities	KS1 - Y1 Dance – Toy Story	KS1 - Y2 - Games - Net and Wall	KS1 - Y2 - Games - Striking and Fielding	KS1 - Y2 - FMS End of KS1 Assessment
Year Three	Fundamental Skills Catch up - KS1 - Y2 FMS - Playground games in the 20th century	Year 3/4 Invasion Games - Netball	Year 3/4 Invasion Games - Rugby 1	Year 3/4 Target Games - Boccia	Year 3/4 - Net and Wall Unit Core Task 1	Year 3/4 Athletic
	Year 3/4 Dance - Myths and Legends	Year 3 Gymnastics Core Task 1	Dance - Egyptians	Year 3/4 Invasion Games - Handball	Year 3/4 OAA - Trust and Trails	Year 3/4 Striking and Fielding - Rounders
Year Four	Year 3/4 Invasion Games - On the Attack	Year 3/4 Invasion Games - Basketball	Swimming - Phase 1	Year 3/4 Target Games - Dodgeball	Year 3/4 - Net and Wall Unit Core Task 2	Year 3/4 Athletics
	Year 3/4 Dance - Ironman	Year 4 Gymnastics Core Task 2	Year 3/4 Dance - Rock and Roll	Swimming - Phase 2	Year 3/4 OAA - Team Work & Problem Solving	Year 3/4 Striking and Fielding - Cricket
Year Five	Year 5/6 Invasion Games - Netball	Year 5/6 Invasion Games - Rugby 1	Year 5/6 Invasion Games - Hockey	Year 5/6 - Creative Games	Year 5/6 Net and Wall - Tennis	Year 5/6 Athletics
	Year 5/6 Dance - Heroes and Villains	Year 5 Gymnastic Core Task 1	Year 5/6 Dance - Food, Glorious Food	Year 5 Gymnastic Core Task 2	Year 5/6 Orienteering	Year 5/6 Striking and Fielding - Cricket
Year Six	Year 5/6 Invasion Games - Netball	Year 5/6 Invasion Games - Rugby 2	Year 5/6 Invasion Games - Football	Year 5/6 - Creative Games	Year 5/6 Net and Wall - Badminton	Year 5/6 Athletics
	Year 5/6 Dance - Earthlings	Year 6 Gymnastic Core Task 1	Dance - The Haka	Year 6 Gymnastic Core Task 2	Year 5/6 OAA - Teamwork and Problem Solving 1	Year 5/6 Striking and Fielding Games - Rounders