

# Grange Primary School



'Together we make a difference'

28 February 2025

SCHOOL WEBSITE: [WWW.GRANGE.LANCS.SCH.UK](http://WWW.GRANGE.LANCS.SCH.UK)

**ALL NEWSLETTERS POSTED ON WEBSITE**

Email address: [office@grange.lancs.sch.uk](mailto:office@grange.lancs.sch.uk)

## PARENT MEETINGS: 12 March 2025

It's that time of year again! This is a really valuable opportunity to look at your child's work and chat with the teacher about their progress.

Separate letters are being sent home to-night to request time slots—as per usual.

## PARENT PAY & SCHOOL TRIPS

Thank you for continuing to make payments towards school trips and residential on ParentPay.

If you are having any issues accessing the app or financially, please arrange to see us and we will do our best to help.

## Stars of the Week

Congratulations to the following children who have all been awarded Star of the Week.

We have a Star (chosen by staff) and a Players' Player (chosen by children) from each class:

### W/E 28 Feb 25

Elm Class: Savannah, Aleksii

Maple Class: Lennox, Remeah

Chestnut Class: Thea, Alfie

Rowan Class: Carter, Iga

Beech Class: Bobby, Amelia

Willow Class: Elara, Paige

Oak Class: Kieran, Fatimah

The poster features a central illustration of a tiger, 'Annie the Rights Respecting Tiger'. The tiger is orange with black stripes and is standing on a small patch of ground. To the left of the tiger is a circular logo for 'Grange Primary School' and to the right is a circular logo for 'RESPECTING SCHOOL UNICEF'. The entire poster is framed by a border of colorful stick figures holding hands. The text on the poster reads: 'Annie the Rights Respecting Tiger and the Rights Knights challenge you to create a poster or a leaflet to share your favourite things to learn about or to share some of your latest learning! Please give your posters to your class teacher or Mrs Rogerson.'

Annie the Rights Respecting Tiger and the Rights Knights challenge you to create a poster or a leaflet to share your favourite things to learn about or to share some of your latest learning! Please give your posters to your class teacher or Mrs Rogerson.

## DIARY DATES FOR SPRING TERM 2025

(Additional events will be added or amended—please check school website or subsequent news-letters)

Fri 14 Feb	Year 5—Alston Observatory Trip SCHOOL CLOSSES FOR HALF TERM—3:25PM
Mon 24 Feb	SCHOOL REOPENS National Youth Orchestra Concert—Blackpool Tower (Brass Club)
Wed 26 Feb	Year 5—Girls Cricket Team Old Trafford
Tues 4 Mar	Book & Biscuit—KS1 & EYFS @ 2.30pm ** NB DATE CHANGE
Wed 5 Mar	Virtual Author Visit—Joseph Coelho Children’s Laureate
Thurs 6 Mar	Year 5 & 6—First Aid course in school Book & Biscuit—KS2 @ 2.30pm World Book Day—no dress up
Wed 12 Mar	Parents Meetings

Please let us know of any achievements outside school and we can celebrate them here!

This is a very impressive photograph of ex-pupil Daniyal, who came 1st in the European International Mixed Martial Arts Championship in Serbia.



The new What's ON Guide has been released—the full guide is on our school website under Key Information—Early Help Offer.

You will also find it under the News & Events — Community Events & Support tab alongside other local events and groups.

Like our Facebook page for updates and news about sessions and courses: Search for Preston Family Hub 

### Useful Numbers

Citizens Advice Helpline - 0808 223 1133	Talking Therapies - 01772 773437
Lancashire Dental Helpline - 03001234 010	Children's Social Care - 0300 123 6720
Community Midwives - 01772 524592	Food Bank - 01772 555425
Health Visitors- 0300 247 0040	Woman's Centre Preston - 01772 201601
Royal Preston Hospital - 01772 716565	ChildLine 0800 1111
Police Non-Emergency - 101	National Domestic Abuse Helpline 0808 2000 247
Medical Advice - 111	Childcare Choices: <a href="http://childcarechoices.gov.uk">childcarechoices.gov.uk</a>
Help in Preston: <a href="http://helpinpreston.com">helpinpreston.com</a>	SEND helpline: 01772 533900

## Get advice and support

**Age 0-19** (up to 25 for young people with learning difficulties or disabilities)

<b>Someone to talk to</b>	<b>Mental Health</b>
Problems at home/school	Self Harm
Jobs and training	Bullying
Apprenticeships	Drugs and alcohol
Staying safe online	Things to do
Sex and health	Housing, rights and money
Relationships	What age can I?

**Text 07786 511111**  
**Talk online** [lancashire.gov.uk/youthzone](http://lancashire.gov.uk/youthzone)  
**Call 0800 511111**

[facebook.com/LancashireYPS](https://facebook.com/LancashireYPS)  
[twitter.com/LancashireYPS](https://twitter.com/LancashireYPS)  
You can contact us 365 days a year  
**2pm to 10pm**

### DELIVERING EARLY HELP

## Children and Family Wellbeing Service



## What's on guide

**PRESTON**  
JANUARY - MARCH 2025

**ALL OUR GROUPS ARE FREE**

[www.lancashire.gov.uk](http://www.lancashire.gov.uk)

**Lancashire**  
County Council 



**Come along to Preston North End Community and Education Trust's youth club.**

Enjoy social time whilst meeting new people.  
Have your voice heard, get involved and shape future activities in your community.

### **Who**

Open to all eight to 13-year-olds

### **When**

Thursdays 5.30pm to 7pm

### **Where**

The Kop Classroom, Deepdale, PR1 6RU

### **Cost**

Free for all with refreshments provided





Please scan QR code to sign up



For further details

 [Courtneykirkham@pne.com](mailto:Courtneykirkham@pne.com)

 01772 693309

 @pnecommunity   PNECET

# SWIM SCHOOL HOLIDAY COURSES

Keep the kids active this holiday while learning a new life skill with a Better Swim School holiday courses.

Suitable for all levels, your child will build their confidence in the water and have fun at a swimming pool near you. Lessons run daily from Monday to Friday (days and times will be confirmed as you select your booking).

To find and book a Better Swim School holiday course:

- Visit [better.org.uk/book-lesson](http://better.org.uk/book-lesson)
- Find and select your preferred location to be taken to the available courses.
- Select 'Swim School Holiday Courses' in the left-hand filter

[better.org.uk/lessons](http://better.org.uk/lessons)



**BETTER**

## FAMILY ACTIVITIES



MESSY PLAY

STAY AND PLAY



**DATE** Friday 21st February

**TIME** 10:am am-2:00pm

**VENUE** Riverbank Family Hub  
Brieryfield Road  
Preston PR1 8SR

**COME ALONG AND JOIN  
IN  
NO NEED TO BOOK**



SENSORY PLAY



INSIDE OUT

## FAMILY ACTIVITIES



Family Messy  
Play

Family Move and Groove



**DATE** Monday 17th February

**TIME** 10:00AM-2:00PM

**NO NEED TO BOOK**

**VENUE** Ribbleton Family Hub  
Ribbleton Hall Drive  
PR2 6EE

Family stay and play



Family Inside Out



## Family Messy Play Family Sensory Play

no need to book

**When... Wednesday 19th February**

**9:30am-11:30am**

**Venue...Preston East CFW  
Brookfield school  
Watling street Road  
PR2 6TU**



## FAMILY ACTIVITIES



Family Messy  
Play

Family Move and Groove



**DATE** Thursday 20th February

**TIME** 1:00PM-4:00PM

**NO NEED TO BOOK**

**VENUE** Moor Nook Family Hub  
Burholme Road  
Preston  
PR2 6HN



Family Inside Out



# Family Messy Play Family Stay and Play

no need to book

**When...Tuesday 18th February**

**1:00pm-3:00pm**

**Venue...Preston West Family Hub**

**Ashton Primary School Site**

**Ainsdale Drive**

**PR2 1TU**



# NEW HORIZONS

**A 12 weekly programme to kickstart your personal development and gain a Level 1 certificate, plus a Level 2 in Mental Health First Aid**

**FREE Wellbeing Session includes massage, nails beauty & more**

**Time for yourself, light refreshments & free gifts!**



**Regain your confidence, connect with others & learn transferrable skills in a warm, safe and welcoming space**

**Starts Friday 6th June 2025, 9.30am-2.30pm  
at Moor Nook Hub, & The Zone, Burholme Road,  
Preston, PR2 6HN**

**Please ring 01772-539444 to book a place**



**Moor Nook Hub & The  
Zone, Burholme Road,  
Ribbleton, Preston,  
PR2 6HN**



# SEND COURSE FOR PARENTS



Starts 4th March 2025  
TUESDAYS 9.30am-2.30pm  
Moor Nook Hub & The Zone  
Burholme Road  
Ribbleton  
Preston  
PR2 6HN



Session 1/2 - Introduction to special educational needs and disability

Session 3/4 - Understand Equality and Diversity in context of SEND

Session 5/6 - Principles of promoting person centred approach for individuals with SEND

Session 7/8 - Understanding SEND and learning

Session 9/10 - Living with special educational needs and disabilities



10 WEEK  
FREE  
COURSE



Lancashire  
County Council



RIBBLETON  
FAMILY  
HUB  
PRESTON

Realise

Moor Nook Hub & The Zone,  
Burholme Road, Ribbleton, Preston,  
PR2 6HN. Ring 01772-539444 to book  
a place.

# ONE STOP SHOP

## Preston West

**This is a  
Warm and Welcome  
Session**

Come along and enjoy a hot  
Drink and bite to eat.

Monthly Drop In -

Families can access free advice & support

Community Gateway

Citizen Advice

Employment advice - DWP

Relationship advice

Runshaw College Apprenticeships

Community Education Sexual Health

Debt Advice/Support

Free Funded Nursery Places

School Nurse team

**No  
Appointment  
Needed**

**Second  
Thursday of  
the month,  
2pm-4pm**



Preston West Family Hub

Ashton Primary School Site, Ainsdale Drive,

Preston, PR2 1TU

Telephone: 01772 536419



# Community Drop In

Bringing YOUR services together!

Come and join us , to find out what support is available in your community!  
We have activities on for children and young people whilst having professional's on hand to offer advice or support!



Whats on? We will have organisations from across Preston available to chat about what support is available in your community including; housing support, benefit advice, support available for children and young people and much more.

## No need to book

**Free Refreshments Provided !**

Dates: 27th January 2025 & 24th February 2025

Time: 2.30pm-5pm

Address: Units 10&12 Oakham Court, Avenham, Preston  
PR1 3XP



**FoxtOn**  
*We are here.*





UK Health  
Security  
Agency

**NHS**

# Should I keep my child off school?

## Yes

### Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

## No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

### Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



Lancashire  
Adult Learning

# Do you want to learn more about your families dental health and hygiene ?

The course is designed to help parents and carers to understand the importance of good oral health routines and healthier options for their families.

**Tuesday 25th February**  
**9.30am - 12pm**

**Ribbleton Hall Drive , Ribbleton , Preston PR2 1TU**



**PLEASE SCAN THE  
QR CODE TO  
ENROL FOR A  
PLACE ON THE  
COURSE**



**If having any difficulty with enrolling please contact your friendly family hub team for support.**

# Pukar Disability Centre LEARNING DISABILITY DAY



A TEAM OF SPECIALIST SERVICE PROVIDERS WILL BE ON HAND TO INFORM AND ADVISE YOU ON MATTERS SUCH AS:

- EDUCATION
- DAY CARE
- EMPLOYMENT
- RESPITE
- CLUBS/ACTIVITIES
- HEALTH
- EHCP PLANS
- EDUCATIONAL PSYCHOLOGY REPORTS

SO COME ALONG FOR A BREW AND A CHAT TO FIND OUT MORE!

**DATE: TUESDAY 18TH FEBRUARY 2025**  
**TIME: 11-3PM (DROP IN EVENT)**  
**LOCATION: PUKAR DISABILITY CENTRE**  
**3/5 OAKHAM COURT PRESTON PR1 3XP**

FREE NHS Health Checks available on the day

Tea/Coffee Refreshments

Sensory activities/Arts and Crafts upstairs at the FOXTON



**Break Time**  
Break Time group activities for children and young people with SEND in Lancashire



**INTEGRATE**  
individual support for individual people

**Foxton**

**NHS**  
Lancashire & South Cumbria  
NHS Foundation Trust



**Lancashire**  
County Council

**Employment Service**



**NHS Learning Disability Service**

**Pukar Disability Centre**

Enable | Educate | Empower

For more information please call 01772 822700 or e mail [suraya.bashir@pukar.org.uk](mailto:suraya.bashir@pukar.org.uk)



**SPRING WEEKLY MEAL PLAN:**  
 Week beginning 06/01/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FUNDAY
<b>WEEK ONE</b> MAIN COURSE	<b>MAIN 1</b> Pepperoni pizza	Tomato & Mascarpone Pasta, Salad and Home Made Bread	Toad in the Hole Yorkshire Pudding, Potatoes & Vegetables	Fish Fingers, Mash & Beans	Chicken Nuggets & Fries
	<b>MAIN 2</b> (Vegetarian) Margherita pizza	Tomato & Mascarpone Pasta, Salad and Home Made Bread	Quorn Toad in the Hole, Yorkshire Pudding, Potatoes & Vegetables	Fish Fingers, Mash & Beans	Quorn Nuggets & Fries
<b>WEEK TWO</b> MAIN COURSE	<b>MAIN 1</b> Beef Pastie and Wedges	Southern Fried Chicken Wraps, Savoury Rice & Salad	Turkey Roast Dinner, Mash Potatoes, Vegetables & Gravy	Chicken Tikka Masala, Rice & Mini Naan Bread	Pepperoni pizza
	<b>MAIN 2</b> (Vegetarian) Cheese Pastie and Wedges	Southern Fried Quorn Wraps, Savoury Rice & Salad	Quorn Fillet Roast Dinner, Mash Potatoes, Vegetables & Gravy	Vegetable Tikka Masala, Rice & Mini Naan Bread	Margherita pizza
<b>WEEK THREE</b> MAIN COURSE	<b>MAIN 1</b> Meat & Potato Pie and Veg	Chicken & Black Bean Stir Fry & Rice	Chicken Roast Dinner, Yorkshire Pudding, Potatoes and Vegetables	Chilli Boats with Savoury Rice	Fish, Chips & Mushy / Garden Peas
	<b>MAIN 2</b> (Vegetarian) Cheese Pie and Veg	Vegetable Black Bean Stir Fry & Rice	Quorn Roast Dinner, Yorkshire Pudding, Potatoes and Vegetables	Vegetable Chilli Boats with Savoury Rice	Fish, Chips & Mushy / Garden Peas
<b>WEEK FOUR</b> MAIN COURSE	<b>MAIN 1</b> Beef Burger, Fries & Sweetcorn / beans	Chicken Korma, Rice & Mini Naan Bread	Roast Gammon, Roast Potatoes and Vegetables	Sweet & Sour Chicken & Rice	Friday Brunch
	<b>MAIN 2</b> (Vegetarian) Quorn Burger, Fries & Sweetcorn / Beans	Sweet Potato Curry, Rice & Mini Naan Bread	Mediterranean Vegetable Pasta with Herb Bread	Oriental Vegetables	Friday Brunch

Please inform the School Business Manager IMMEDIATELY of any MEDICAL ALLERGIES your child may have.



**SPRING WEEKLY MEAL PLAN:**  
 Week beginning 06/01/2025

		With assorted fillings including tuna, cheese and beans Served with salad				
MENU ITEMS AVAILABLE EVERY DAY	OVEN BAKED JACKET POTATO	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes
	COLD DESSERT	Rice Pudding	Chocolate sponge and custard	Home Made Flapjack	Sticky Toffee Pudding & Custard	Sprinkle cake
	HOT DESSERT	Apple Crumble with Custard	Carrot Cake Muffins	Banana Cake	Chocolate Chip Muffin	Pear Crumble with Custard
<b>SALAD BAR &amp; ASSORTED BREADS</b>						

Please inform the School Business Manager IMMEDIATELY of any MEDICAL ALLERGIES your child may have.

# Grange Primary School Calendar 2024 - 2025

**September 2024**

S	M	T	W	T	F	S
	1	2	3	4	5	6
	8	9	10	11	12	13
	15	16	17	18	19	20
	22	23	24	25	26	27
	29	30				

**October 2024**

S	M	T	W	T	F	S
		1	2	3	4	5
	6	7	8	9	10	11
	13	14	15	16	17	18
	20	21	22	23	24	25
	27	28	29	30	31	

**November 2024**

S	M	T	W	T	F	S
					1	2
	3	4	5	6	7	8
	10	11	12	13	14	15
	17	18	19	20	21	22
	24	25	26	27	28	29
						30

**December 2024**

S	M	T	W	T	F	S
	1	2	3	4	5	6
	8	9	10	11	12	13
	15	16	17	18	19	20
	22	23	24	25	26	27
	29	30	31			

**January 2025**

S	M	T	W	T	F	S
		1	2	3	4	
	5	6	7	8	9	10
	12	13	14	15	16	17
	19	20	21	22	23	24
	26	27	28	29	30	31

**February 2025**

S	M	T	W	T	F	S
						1
	2	3	4	5	6	7
	9	10	11	12	13	14
	16	17	18	19	20	21
	23	24	25	26	27	28

**March 2025**

S	M	T	W	T	F	S
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	2	3	4	5	6	7
	9	10	11	12	13	14
	16	17	18	19	20	21
	23	24	25	26	27	28
	30	31				

**April 2025**

S	M	T	W	T	F	S
		1	2	3	4	5
	6	7	8	9	10	11
	13	14	15	16	17	18
	20	21	22	23	24	25
	27	28	29	30		

**May 2025**

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	4	5	6	7	8	9
	11	12	13	14	15	16
	18	19	20	21	22	23
	25	26	27	28	29	30
						31

**June 2025**

S	M	T	W	T	F	S
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	8	9	10	11	12	13
	15	16	17	18	19	20
	22	23	24	25	26	27
	29	30				

**July 2025**

S	M	T	W	T	F	S
			1	2	3	4
	6	7	8	9	10	11
	13	14	15	16	17	18
	20	21	22	23	24	25
	27	28	29	30	31	

**August 2025**

S	M	T	W	T	F	S
					1	2
	3	4	5	6	7	8
	10	11	12	13	14	15
	17	18	19	20	21	22
	24	25	26	27	28	29
	31					

**HOLIDAY**  
**TRAINING DAYS**

## Grange Primary School – Term Time Dates & Holiday Pattern 2025-26

September 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2025						
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November 2025						
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23	24	25	26	27	28	29
30						

December 2025						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

January 2026						
S	M	T	W	T	F	S
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

March 2026						
S	M	T	W	T	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

April 2026						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026						
S	M	T	W	T	F	S
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10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2026						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2026						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2026						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

**INSET Days – school not open**

**Holidays – school not open**

Easter Sunday is 5<sup>th</sup> April 2026