

Grange Primary School



'Together we make a difference'

14 February 2025

SCHOOL WEBSITE: WWW.GRANGE.LANCS.SCH.UK

ALL NEWSLETTERS POSTED ON WEBSITE

Email address: office@grange.lancs.sch.uk



Year 2 had a great time at Blackburn Museum—see our Facebook page for more photos!

After-School Sports

Some of our children have enjoyed the after-school sports clubs this half term.

This is what the Sports Coach has said:

This half-term, the children at Grange Primary have had some brilliant sporting experiences! We've had our first lunch-time sports club, where the children have enjoyed playing Dodgeball and busting some moves to the music at the same time.

Our after-school sports club has seen a real variety of sports: Archery, Tri-Golf, Ultimate Frisbee and more Dodgeball! The last session this half-term saw Star Player Georgie receive a medal for RESPECT, TEAMWORK and PARTICIPATION!

Stars of the Week

Congratulations to the following children who have all been awarded Star of the Week.

We have a Star (chosen by staff) and a Players' Player (chosen by children) from each class:

W/E 14 Feb 25

Elm Class: Harrison, Colebie

Maple Class: Keegan, Esme

Chestnut Class: Chidera, Elizabeth

Rowan Class: Jessika, Reagan

Beech Class: Libbie, Jakob

Willow Class: Alejandro, Danya

Oak Class: Bethany, Lylah

HEADLICE

Unfortunately, we have unwanted visitors in school again.

Please be vigilant and remember to treat all family members twice—7 days apart and wash bedding.

Also, please ensure long hair is tied back.

Please remain vigilant—this is not uncommon in schools but is still unpleasant for anyone affected.

Please note we only issue reminders if this is a wider problem in school—not in individual cases. Thank you.

DIARY DATES FOR SPRING TERM 2025

(Additional events will be added or amended—please check school website or subsequent news-letters)

Fri 14 Feb	Year 5—Alston Observatory Trip SCHOOL CLOSSES FOR HALF TERM—3:25PM
Mon 24 Feb	SCHOOL REOPENS National Youth Orchestra Concert—Blackpool Tower (Brass Club)
Wed 26 Feb	Year 5—Girls Cricket Team Old Trafford
Tues 4 Mar	Book & Biscuit—KS1 & EYFS @ 2.30pm ** NB DATE CHANGE
Wed 5 Mar	Virtual Author Visit—Joseph Coelho Children’s Laureate
Thurs 6 Mar	Year 5 & 6—First Aid course in school Book & Biscuit—KS2 @ 2.30pm World Book Day—no dress up
Wed 12 Mar	Parents Meetings

Please let us know of any achievements outside school and we can celebrate them here!



Well done Alfie-Jack for achieving your white belt at Karate!

The new What's ON Guide has been released—the full guide is on our school website under Key Information—Early Help Offer.

You will also find it under the News & Events — Community Events & Support tab alongside other local events and groups.



Like our Facebook page for updates and news about sessions and courses: Search for Preston Family Hub

Useful Numbers

Citizens Advice Helpline - 0808 223 1133	Talking Therapies - 01772 773437
Lancashire Dental Helpline - 03001234 010	Children's Social Care - 0300 123 6720
Community Midwives - 01772 524592	Food Bank - 01772 555425
Health Visitors- 0300 247 0040	Woman's Centre Preston - 01772 201601
Royal Preston Hospital - 01772 716565	ChildLine 0800 1111
Police Non-Emergency - 101	National Domestic Abuse Helpline 0808 2000 247
Medical Advice - 111	Childcare Choices: childcarechoices.gov.uk
Help in Preston: helpinpreston.com	SEND helpline: 01772 533900

DELIVERING EARLY HELP



Children and Family Wellbeing Service




Get advice and support



Age 0-19 (up to 25 for young people with learning difficulties or disabilities)

<p>Someone to talk to</p> <p>Problems at home/school</p> <p>Jobs and training</p> <p>Apprenticeships</p> <p>Staying safe online</p> <p>Sex and health</p> <p>Relationships</p>	<p>Mental Health</p> <p>Self Harm</p> <p>Bullying</p> <p>Drugs and alcohol</p> <p>Things to do</p> <p>Housing, rights and money</p> <p>What age can I?</p>
--	--

Text 07786 511111

Talk online lancashire.gov.uk/youthzone

Call 0800 511111

facebook.com/LancashireYPS
twitter.com/LancashireYPS
 You can contact us 365 days a year
2pm to 10pm

What's on guide


PRESTON



JANUARY - MARCH 2025

ALL OUR GROUPS ARE FREE



www.lancashire.gov.uk



Annie the Rights Respecting Tiger knows you have the right to learn. (Article 28)

Discuss with your family and friends how and where you learn. You could talk about your favourite lessons!



Come along to Preston North End Community and Education Trust's youth club.

Enjoy social time whilst meeting new people.
Have your voice heard, get involved and shape future activities in your community.

Who

Open to all eight to 13-year-olds

When

Thursdays 5.30pm to 7pm

Where

The Kop Classroom, Deepdale, PR1 6RU

Cost

Free for all with refreshments provided






Please scan QR code to sign up



For further details

 Courtneykirkham@pne.com

 01772 693309

 @pnecommunity   PNECET

SWIM SCHOOL HOLIDAY COURSES

Keep the kids active this holiday while learning a new life skill with a Better Swim School holiday courses.

Suitable for all levels, your child will build their confidence in the water and have fun at a swimming pool near you. Lessons run daily from Monday to Friday (days and times will be confirmed as you select your booking).

To find and book a Better Swim School holiday course:

- Visit better.org.uk/book-lesson
- Find and select your preferred location to be taken to the available courses.
- Select 'Swim School Holiday Courses' in the left-hand filter

better.org.uk/lessons



BETTER

FAMILY ACTIVITIES



MESSY PLAY

STAY AND PLAY



DATE Friday 21st February

TIME 10:am am-2:00pm

VENUE Riverbank Family Hub
Brieryfield Road
Preston PR1 8SR

COME ALONG AND JOIN
IN
NO NEED TO BOOK



SENSORY PLAY



INSIDE OUT

FAMILY ACTIVITIES



Family Messy
Play

Family Move and Groove



DATE Monday 17th February

TIME 10:00AM-2:00PM

NO NEED TO BOOK

VENUE Ribbleton Family Hub
Ribbleton Hall Drive
PR2 6EE

Family stay and play



Family Inside Out



Family Messy Play Family Sensory Play

no need to book

When... Wednesday 19th February

9:30am-11:30am

Venue...Preston East CFW

Brookfield school

Watling street Road

PR2 6TU



FAMILY ACTIVITIES



Family Messy
Play

Family Move and Groove



DATE Thursday 20th February

TIME 1:00PM-4:00PM

NO NEED TO BOOK

VENUE Moor Nook Family Hub
Burholme Road
Preston
PR2 6HN



Family Inside Out



Family Messy Play Family Stay and Play

no need to book

When...Tuesday 18th February

1:00pm-3:00pm

Venue...Preston West Family Hub

Ashton Primary School Site

Ainsdale Drive

PR2 1TU



NEW HORIZONS

A 12 weekly programme to kickstart your personal development and gain a Level 1 certificate, plus a Level 2 in Mental Health First Aid

FREE Wellbeing Session includes massage, nails beauty & more

Time for yourself, light refreshments & free gifts!



Regain your confidence, connect with others & learn transferrable skills in a warm, safe and welcoming space

**Starts Friday 6th June 2025, 9.30am-2.30pm
at Moor Nook Hub, & The Zone, Burholme Road,
Preston, PR2 6HN**

Please ring 01772-539444 to book a place



Moor Nook Hub & The Zone, Burholme Road, Ribbleton, Preston, PR2 6HN



SEND COURSE FOR PARENTS



Starts 4th March 2025
TUESDAYS 9.30am-2.30pm
Moor Nook Hub & The Zone
Burholme Road
Ribbleton
Preston
PR2 6HN



Session 1/2 - Introduction to special educational needs and disability

Session 3/4 - Understand Equality and Diversity in context of SEND

Session 5/6 - Principles of promoting person centred approach for individuals with SEND

Session 7/8 - Understanding SEND and learning

Session 9/10 - Living with special educational needs and disabilities



**10 WEEK
FREE
COURSE**



Lancashire
County Council



RIBBLETON
**FAMILY
HUB**
PRESTON

Realise

Moor Nook Hub & The Zone,
Burholme Road, Ribbleton, Preston,
PR2 6HN. Ring 01772-539444 to book
a place.

ONE STOP SHOP

Preston West

**This is a
Warm and Welcome
Session**

Come along and enjoy a hot
Drink and bite to eat.

Monthly Drop In -

Families can access free advice & support

Community Gateway

Citizen Advice

Employment advice - DWP

Relationship advice

Runshaw College Apprenticeships

Community Education Sexual Health

Debt Advice/Support

Free Funded Nursery Places

School Nurse team

**No
Appointment
Needed**

**Second
Thursday of
the month,
2pm-4pm**



Preston West Family Hub

Ashton Primary School Site, Ainsdale Drive,

Preston, PR2 1TU

Telephone: 01772 536419



Community Drop In

Bringing YOUR services together!

Come and join us , to find out what support is available in your community!
We have activities on for children and young people whilst having professional's on hand to offer advice or support!



Whats on? We will have organisations from across Preston available to chat about what support is available in your community including; housing support, benefit advice, support available for children and young people and much more.

No need to book

Free Refreshments Provided !

Dates: 27th January 2025 & 24th February 2025

Time: 2.30pm-5pm

Address: Units 10&12 Oakham Court, Avenham, Preston
PR1 3XP



FoxtOn
We are here.





UK Health
Security
Agency

NHS

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minfec>.



Lancashire
Adult Learning

Do you want to learn more about your families dental health and hygiene ?

The course is designed to help parents and carers to understand the importance of good oral health routines and healthier options for their families.

Tuesday 25th February
9.30am - 12pm

Ribbleton Hall Drive , Ribbleton , Preston PR2 1TU



**PLEASE SCAN THE
QR CODE TO
ENROL FOR A
PLACE ON THE
COURSE**



If having any difficulty with enrolling please contact your friendly family hub team for support.

Pukar Disability Centre LEARNING DISABILITY DAY



A TEAM OF SPECIALIST SERVICE PROVIDERS WILL BE ON HAND TO INFORM AND ADVISE YOU ON MATTERS SUCH AS:

- EDUCATION
- DAY CARE
- EMPLOYMENT
- RESPITE
- CLUBS/ACTIVITIES
- HEALTH
- EHCP PLANS
- EDUCATIONAL PSYCHOLOGY REPORTS

SO COME ALONG FOR A BREW AND A CHAT TO FIND OUT MORE!

DATE: TUESDAY 18TH FEBRUARY 2025
TIME: 11-3PM (DROP IN EVENT)
LOCATION: PUKAR DISABILITY CENTRE
3/5 OAKHAM COURT PRESTON PR1 3XP

FREE NHS Health Checks available on the day

Tea/Coffee Refreshments

Sensory activities/Arts and Crafts upstairs at the FOXTON



Break Time
Break Time group activities for children and young people with SEND in Lancashire



INTEGRATE
individual support for individual people

Foxton

NHS
Lancashire & South Cumbria
NHS Foundation Trust



Lancashire
County Council



pf People First
Listen | Engage | Empower



Employment Service

NHS Learning Disability Service



Pukar Disability Centre

Enable | Educate | Empower

For more information please call 01772 822700 or e mail suraya.bashir@pukar.org.uk



SPRING WEEKLY MEAL PLAN:
 Week beginning 06/01/2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY FUNDAY
WEEK ONE MAIN COURSE	MAIN 1 Pepperoni pizza	Tomato & Mascarpone Pasta, Salad and Home Made Bread	Toad in the Hole Yorkshire Pudding, Potatoes & Vegetables	Fish Fingers, Mash & Beans	Chicken Nuggets & Fries
	MAIN 2 (Vegetarian) Margherita pizza	Tomato & Mascarpone Pasta, Salad and Home Made Bread	Quorn Toad in the Hole, Yorkshire Pudding, Potatoes & Vegetables	Fish Fingers, Mash & Beans	Quorn Nuggets & Fries
WEEK TWO MAIN COURSE	MAIN 1 Beef Pastie and Wedges	Southern Fried Chicken Wraps, Savoury Rice & Salad	Turkey Roast Dinner, Mash Potatoes, Vegetables & Gravy	Chicken Tikka Masala, Rice & Mini Naan Bread	Pepperoni pizza
	MAIN 2 (Vegetarian) Cheese Pastie and Wedges	Southern Fried Quorn Wraps, Savoury Rice & Salad	Quorn Fillet Roast Dinner, Mash Potatoes, Vegetables & Gravy	Vegetable Tikka Masala, Rice & Mini Naan Bread	Margherita pizza
WEEK THREE MAIN COURSE	MAIN 1 Meat & Potato Pie and Veg	Chicken & Black Bean Stir Fry & Rice	Chicken Roast Dinner, Yorkshire Pudding, Potatoes and Vegetables	Chilli Boats with Savoury Rice	Fish, Chips & Mushy / Garden Peas
	MAIN 2 (Vegetarian) Cheese Pie and Veg	Vegetable Black Bean Stir Fry & Rice	Quorn Roast Dinner, Yorkshire Pudding, Potatoes and Vegetables	Vegetable Chilli Boats with Savoury Rice	Fish, Chips & Mushy / Garden Peas
WEEK FOUR MAIN COURSE	MAIN 1 Beef Burger, Fries & Sweetcorn / beans	Chicken Korma, Rice & Mini Naan Bread	Roast Gammon, Roast Potatoes and Vegetables	Sweet & Sour Chicken & Rice	Friday Brunch
	MAIN 2 (Vegetarian) Quorn Burger, Fries & Sweetcorn / Beans	Sweet Potato Curry, Rice & Mini Naan Bread	Mediterranean Vegetable Pasta with Herb Bread	Oriental Vegetables	Friday Brunch

Please inform the School Business Manager IMMEDIATELY of any MEDICAL ALLERGIES your child may have.



SPRING WEEKLY MEAL PLAN:
 Week beginning 06/01/2025

		With assorted fillings including tuna, cheese and beans Served with salad				
MENU ITEMS AVAILABLE EVERY DAY	OVEN BAKED JACKET POTATO	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes	Fresh Fruit Yogurts Sundaes
	COLD DESSERT	Rice Pudding	Chocolate sponge and custard	Home Made Flapjack	Sticky Toffee Pudding & Custard	Sprinkle cake
	HOT DESSERT	Apple Crumble with Custard	Carrot Cake Muffins	Banana Cake	Chocolate Chip Muffin	Pear Crumble with Custard
SALAD BAR & ASSORTED BREADS						

Please inform the School Business Manager IMMEDIATELY of any MEDICAL ALLERGIES your child may have.

Grange Primary School Calendar 2024 - 2025

September 2024							October 2024							November 2024							December 2024							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
	1	2	3	4	5	6	7			1	2	3	4	5						1	2	1	2	3	4	5	6	7
8	9	10	11	12	13	14	15	6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14
15	16	17	18	19	20	21	22	13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21
22	23	24	25	26	27	28	29	20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28
								27	28	29	30	31		24	25	26	27	28	29	30	29	30	31					

January 2025							February 2025							March 2025							April 2025						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
			1	2	3	4						1											1	2	3	4	5
5	6	7	8	9	10	11	2	3	4	5	6	7	8	2	3	4	5	6	7	8	6	7	8	9	10	11	12
12	13	14	15	16	17	18	9	10	11	12	13	14	15	9	10	11	12	13	14	15	13	14	15	16	17	18	19
19	20	21	22	23	24	25	16	17	18	19	20	21	22	16	17	18	19	20	21	22	20	21	22	23	24	25	26
26	27	28	29	30	31		23	24	25	26	27	28	23	24	25	26	27	28	29	27	28	29	30				

May 2025							June 2025							July 2025							August 2025							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
				1	2	3																						
4	5	6	7	8	9	10	1	2	3	4	5	6	7	6	7	8	9	10	11	12	3	4	5	6	7	8	9	
11	12	13	14	15	16	17	8	9	10	11	12	13	14	13	14	15	16	17	18	19	10	11	12	13	14	15	16	
18	19	20	21	22	23	24	15	16	17	18	19	20	21	20	21	22	23	24	25	26	17	18	19	20	21	22	23	
25	26	27	28	29	30	31	22	23	24	25	26	27	28	27	28	29	30	31			24	25	26	27	28	29	30	

HOLIDAY
TRAINING DAYS

Grange Primary School – Term Time Dates & Holiday Pattern 2025-26

September 2025						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

October 2025						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

November 2025						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2025						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

January 2026						
S	M	T	W	T	F	S
			1	2	3	
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

February 2026						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

March 2026						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

April 2026						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2026						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2026						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2026						
S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2026						
S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

INSET Days – school not open

Holidays – school not open

Easter Sunday is 5th April 2026